

ART

**IS THE MOST INTENSE
MODE OF INDIVIDUALISM
THAT THE WORLD HAS KNOWN.**

- OSCAR WILDE

CREATE A JOURNAL PAGE IN YOUR ARTIST'S JOURNAL EXPRESSING HOW YOU ARE FEELING OR WHAT YOU ARE GOING THROUGH THIS WEEK. MAKE THIS ONLY FOR YOU AND DON'T HOLD ANYTHING BACK. LET THIS BE A COMBINATION OF WORDS, SKETCHES, IMAGES, COLLAGE AND/OR PAINTINGS.

THE
LIVING
STUDIO

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